Weekly Newsletter

Monday 9 November 2026

www.ssam.bolton.sch.uk



We will be supporting the Royal British Legion in school and our school council will be selling poppies, until TOMORROW (Tuesday 10th November.)



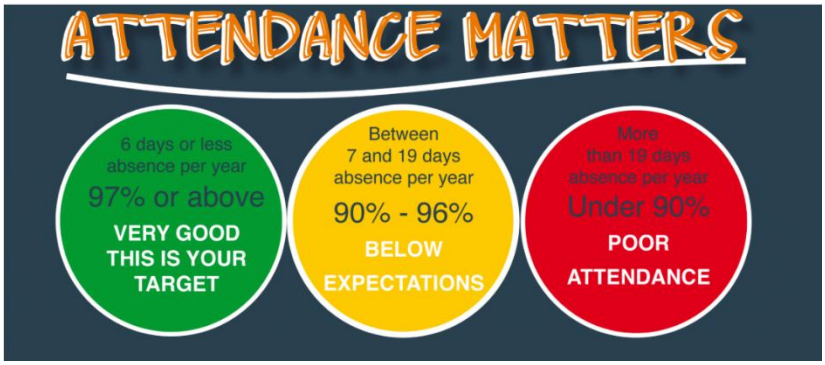


Next week, we will be taking part in **Anti-Bullying Week**, beginning with **Odd Socks Day on Monday**. Throughout the week, children will take part in activities that promote kindness, respect and inclusion, helping everyone to understand the important role they can play in creating a safe and supportive school community. We look forward to working together with families to reinforce the message that bullying is never acceptable and that every child deserves to feel valued and included.





Last Week's Attendance Report (2.11.26- 6.11.26)	
Reception	97%
Year 1	90%
Year 2	86%
Year 3	98%
Year 4	95%
Year 5	96%
Year 6	92%
Whole School	93%



Last week's £10 voucher



Iman Yr3

Please remember to follow NHS guidance on when children should stay at home due to illness to help prevent the spread of infection. Where appropriate, we can support attendance by administering medication in school; please contact the school office for further information.

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38°C or more)?

YES Keep them off school until it goes away.

NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in

A cough, cold or sore throat

Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.

Threadworms

Speak to your pharmacist, who can recommend a treatment.

Should go in (let the school know)

Cold sores

Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis

Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

Head lice & nits

You can treat head lice and nits without seeing a GP.

Hand, foot & mouth disease

If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Slapped cheek syndrome

Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.

Seek treatment before returning to school

Impetigo

They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

Ringworm

See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever

They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Chickenpox

Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

Keep them off (at first)

Ear infection

If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Measles

They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.

Vomiting & diarrhoea

Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

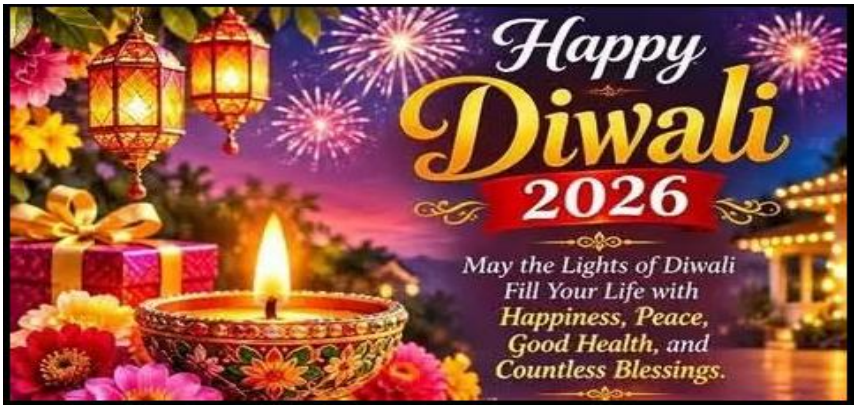
To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'



Birthday Treats

We appreciate families wanting to celebrate their child's birthday with their classmates. However, due to the increasing number of allergies and dietary requirements in school, we are unable to share food brought in from home. To ensure the safety of all pupils and comply with our food safety procedures, we kindly ask that parents do not send treats into school for sharing. Any items brought in for this purpose will be returned home.

Thank you for your understanding and support.



We hope all our families who celebrated at the weekend had a wonderful time.

EVERY DAY IS AN OPEN DAY

Our annual Open Day for this academic year was a fantastic success. We were delighted to welcome more than 25 families throughout the day, and our Year 6 Ambassadors were absolutely outstanding, confidently showing visitors around and sharing what makes life at our school so special.

If you know anyone who was unable to attend but is considering a place for their child in September 2027, please encourage them to get in touch. We would be delighted to arrange a personal tour and show them everything our school has to offer.

Please do get in touch if we can help or support you in any way.

Kindest regards, Mrs Rebecca Unsworth